

### Sexual Harassment/Assault Prevention Program Teaching Tools

Curriculum/ Development of	Books	Videos	Reports, Guide Books, Articles & Other Publications	Resources for Parents	Evaluation	Website Links
<i>Girl Power!</i> (A curriculum for the empowerment of elementary and middle school girls.) Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Education_and_Curriculums.html">www.pcar.org/acatalog/Education_and_Curriculums.html</a> (800) 692-7445	<u>My Body is Mine, My Feelings are Mine</u> by Susan Hoke, LCSW, ACSW Book for K-5, 77 pages The Center for Applied Psychology, Inc. (800) 962-1141 or order online	<i>Gonna Make It</i> (music video) Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Videos.html">www.pcar.org/acatalog/Videos.html</a> (800) 692-7445	<i>Bullying in Schools</i> Office of Community Oriented Policing Services U.S. Department of Justice <a href="http://www.cops.usdoj.gov/mime/open.pdf?Item=272">http://www.cops.usdoj.gov/mime/open.pdf?Item=272</a>	<i>Think First &amp; Stay Safe! Parent Guide</i> by Ken Wooden 20 pages Child Lures Prevention <a href="http://www.childluresprevention.com/parents/index.asp">http://www.childluresprevention.com/parents/index.asp</a>	<i>Measuring Violence-Related Attitudes, Behaviors, and Influences Among Youths: A Compendium of Assessment Tools</i> —Second Edition <a href="http://www.cdc.gov/ncipc/pub-res/measure.htm">http://www.cdc.gov/ncipc/pub-res/measure.htm</a>	National Association of State Boards of Education <a href="http://www.nasbe.org">www.nasbe.org</a>
<i>Building Healthy Relationships</i> (Sexual Harassment Prevention and Relationship Skills curriculum for grades K-5 and 6-12) Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Education_and_Curriculums.html">www.pcar.org/acatalog/Education_and_Curriculums.html</a> (800) 692-7445	<u>Three Kinds of Touches</u> Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Education_and_Curriculums.html">www.pcar.org/acatalog/Education_and_Curriculums.html</a> (800) 692-7445	<i>The Safe Touch Rule</i> Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Videos.html">www.pcar.org/acatalog/Videos.html</a> (800) 692-7445	<i>Best Practices of Youth Violence Prevention: A Sourcebook for Community Action</i> (June 2002) Division of Violence Prevention National Center for Injury Prevention and Control Centers for Disease Control and Prevention (770) 488-1506 <a href="http://www.cdc.gov/ncipc/dvp/bestpractices.htm">www.cdc.gov/ncipc/dvp/bestpractices.htm</a>	<i>Healing...A Guide for Parents of Sexual Assault Victims</i> 23 page booklet Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Survivors_and_Significant_Others.html">www.pcar.org/acatalog/Survivors_and_Significant_Others.html</a> (800) 692-7445	<i>School Health Index - Injury Chapter</i> (Self-assessment and planning guide) Centers for Disease Control and Prevention (CDC) <a href="http://apps.nccd.cdc.gov/SHI/Statistic/Paper.aspx">http://apps.nccd.cdc.gov/SHI/Statistic/Paper.aspx</a> PDF download or order a printed copy	National School Boards Association <a href="http://www.nsba.org">www.nsba.org</a>
<i>Sexual Assault Risk Reduction Curriculum – A Comprehensive Guide for the Classroom Teacher or Community Educator</i> Contact Maryland Department of Health and Mental Hygiene at (410) 767-4090	<i>Sugar and Spice and No Longer Nice: How We Can Stop Girls' Violence</i> By Deborah Prothrow-Stith, Howard Spivak 208 page book for adults Wiley Publishers <a href="http://www.wiley.com/WileyCDA/">http://www.wiley.com/WileyCDA/</a>	<i>Defending Yourself: Bullying, Teasing, and Put-Downs</i> (DVD) 2005 22 minutes Intermedia, Inc. (800) 553-8336 x 201	<i>School Health Guidelines to Prevent Unintentional Injury and Violence</i> Morbidity & Mortality Weekly Report December 7, 2001; 50 (RR-22). <a href="http://www.cdc.gov/HealthyYouth/injury/guidelines/index.htm">www.cdc.gov/HealthyYouth/injury/guidelines/index.htm</a>	<i>What Only a Mother Can Tell You About Child Sexual Abuse</i> Child Welfare League of America (800) 407-6273 <a href="http://www.cwla.org/pubs/pubdetails.asp?PUBID=5081">www.cwla.org/pubs/pubdetails.asp?PUBID=5081</a>	<i>Successful Program Implementation: Lessons From Blueprints</i> (NCJ 204273) July 2004, Ballard, D., Elliott, D., Fagan, A., Irwin, K., Mihalic, S. <a href="http://www.ncjrs.gov/pdffiles1/ojridp/204273.pdf">http://www.ncjrs.gov/pdffiles1/ojridp/204273.pdf</a>	American School Health Association <a href="http://www.ashaweb.org">www.ashaweb.org</a>

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<i>In Their Own Words: A Sexual Abuse Workbook for Teenage Girls</i> by Lulie Munson & Karen Riskin Child Welfare League of America (CWLA) (202) 638-2952 <a href="http://www.cwla.org/pubs/pubdetails.asp?PUBID=5960">www.cwla.org/pubs/pubdetails.asp?PUBID=5960</a>	<i>Touch Talk! What to do if Someone Touches You and You Don't Like It</i> Booklet for elementary school children ETR Associates (800) 321-4407 ETR website - <a href="http://pub.etr.org/">http://pub.etr.org/</a>	<i>No Means No</i> J. Gary Mitchell Film Company (800) 301-4050 <a href="http://www.empowerkids.com">www.empowerkids.com</a>	<i>Sexual Harassment in Schools, What It Is, What to Do: A Policy Guide</i> By Kathryn Murdoch and David Kysilko (1993; revised 1998) National Association of State Boards of Education <a href="http://www.nasbe.org/Educational_Issues/Reports/Sexual%20Harrass.pdf">http://www.nasbe.org/Educational_Issues/Reports/Sexual%20Harrass.pdf</a>	<i>Especially for Parents</i> Guidebook (23 pages) ACT for Kids (866) 348-5437 <a href="http://www.actforkids.org">www.actforkids.org</a> (under resources by topic)	<i>Blueprints for Violence Prevention Report</i> <a href="http://www.ncjrs.gov/pdffiles1/ojdp/204274.pdf">http://www.ncjrs.gov/pdffiles1/ojdp/204274.pdf</a>	American School Counselor Association <a href="http://www.schoolcounselor.org">www.schoolcounselor.org</a>
<i>Drawing the Line: A Guide to Developing Effective Sexual Assault Prevention Programs for Middle School Students</i> (2000) The National Rape and Sexual Assault Prevention Project The American College of Obstetricians and Gynecologists (202) 638-5577 Email: <a href="mailto:violence@acog.org">violence@acog.org</a> Available in limited copies.	<i>The Bully: Discussion and Activity Story on Bullying</i> by Rita Y. Toews Book for elementary school children <a href="http://www.thebullybook.com/Index.html">http://www.thebullybook.com/Index.html</a>	<i>Matters of Choice: Teen Dating Violence</i> Mind's Eye Productions (718) 638-0028 fax (718) 638-1424 <a href="http://www.mindseyeprods.com/educationalfilms.htm">http://www.mindseyeprods.com/educationalfilms.htm</a>	<i>Journal of School Health</i> published by the American School Health Association monthly except June and July. <a href="http://www.ashaweb.org/journal_schoolhealth.html">www.ashaweb.org/journal_schoolhealth.html</a>	<i>It's My Body</i> by Lory Freeman 32 pages ACT for Kids (866) 348-5437 <a href="http://www.actforkids.org">www.actforkids.org</a> (under resources by topic)		Centers for Disease Control and Prevention's Division of Adolescent and School Health Healthy Schools, Healthy Youth! <a href="http://www.cdc.gov/HealthyYouth/">www.cdc.gov/HealthyYouth/</a>
<i>Sexual Violence Prevention: A Catalog of Educational Materials</i> Virginia Department of Health Center for Injury and Violence Prevention <a href="http://www.vahealth.org/civp/sexualviolence/SVP_Resource_Catalog.pdf">http://www.vahealth.org/civp/sexualviolence/SVP_Resource_Catalog.pdf</a>	<i>Dear Corinne, Tell Somebody! Love, Annie</i> by Mari Evans Book for ages 8-12 Available online	<i>Wrestling with Manhood: Boys, Bullying, and Battering</i> Media Education Foundation <a href="http://www.mediaed.org">www.mediaed.org</a>	<i>TEENesteem Magazine</i> (girls ages 11-15) Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org">www.pcar.org</a> To order call (800) 692-7445	<i>Protect Your Child from Sexual Abuse: A Parent's Guide</i> by Janie Hart-Rossi (accompanies <i>Its My Body</i> book) ACT for Kids (866) 348-5437 <a href="http://www.actforkids.org">www.actforkids.org</a> (under resources by topic)		School Health Profiles <a href="http://www.cdc.gov/HealthyYouth/profiles/index.htm">http://www.cdc.gov/HealthyYouth/profiles/index.htm</a>

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<i>Committee for Children</i> Developers/distributors of school- based curricula <a href="http://www.cfchildren.org">http://www.cfchildren.org</a>	<u>The Skin I'm In</u> By Sharon Flake For grades 6-8 171 pages Available online	<i>The Teen Files Flipped: Date Rape and Abusive Relationships</i> (video/DVD) Grades 6-12 AIMS Multimedia <a href="http://www.aimsmultimedia.com">www.aimsmultimedia.com</a> , then "search"	<i>Health in Action: Safety in the School Community: Violence Prevention</i> American School Health Association January/February 2003 Volume 1, number 3, 2003. <a href="http://www.ashaweb.org">www.ashaweb.org</a> , then "search"	<u>Helping Your Child Recover from Sexual Abuse</u> by Caren Adams, Jennifer Fay 157 pages ACT for Kids (866) 348-5437 <a href="http://www.actforkids.org">www.actforkids.org</a> (under resources by topics)		Safe Schools/Healthy Students <a href="http://www.sshs.samhsa.gov/">http://www.sshs.samhsa.gov/</a>
<i>School Health Project</i> Council of Chief State School Officers <a href="http://www.ccsso.org/projects/School_Health_Project/">http://www.ccsso.org/projects/School_Health_Project/</a>	<u>Wringer</u> By Jerry Spinelli For grades 6-8 240 pages Available online	<i>Hidden Victims: Children of Domestic Violence</i> Ages 13-19, adults Health Information Project <a href="http://hip.midhudson.org/video_Descriptions2001/HIDDEN_VICTIMS.htm">http://hip.midhudson.org/video_Descriptions2001/HIDDEN_VICTIMS.htm</a>	<i>How Schools Work and How to Work with Schools: A Primer for Education Professionals</i> (3 <sup>rd</sup> edition, 2003) National Association of State Boards of Education (NASBE) <a href="http://www.nasbe.org/health_y_schools/publications.htm">http://www.nasbe.org/health_y_schools/publications.htm</a>	<i>Parent's Guide to Prevent Child Sexual Abuse: Tips to Keep Your Kids &amp; Teens Safe</i> 32 page booklet JIST Life (800) 648-5478 <a href="http://www.jistlife.com">www.jistlife.com</a>		Council of Chief State School Officers (CCSSO) <a href="http://www.ccsso.org">www.ccsso.org</a>
<i>Internet Safety</i> (For grades 4-8, parents, and teachers) Pennsylvania Coalition Against Rape (PCAR) <a href="http://www.pcar.org/acatalog/Education_and_Curriculums.html">www.pcar.org/acatalog/Education_and_Curriculums.html</a>		<i>Respect Revolution</i> video package Project Respect <a href="http://www.yesmeansyes.com/mod.php?mod=userpage&amp;page_id=13">www.yesmeansyes.com/mod.php?mod=userpage&amp;page_id=13</a>	<i>Preventing Youth Violence: Program Activities Guide</i> <a href="http://www.cdc.gov/ncipc/dvp/yvguide.htm">http://www.cdc.gov/ncipc/dvp/yvguide.htm</a>	<i>How to Survive the Sexual Abuse of Your Child...</i> By Christine Larsen, MSW, Anne Zaro, MSW Guidebook ACT for Kids (866) 348-5437 <a href="http://www.actforkids.org">www.actforkids.org</a>		National Professional Resources, Inc. Staff development resources (books, DVDs, videos, etc.) on a number of topics available for purchase <a href="http://www.nprinc.com/d rug/index.htm">http://www.nprinc.com/d rug/index.htm</a>

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<p><i>Taking Action to Stop Bullying: A Literacy-Based Curriculum Module</i> Grades 6-8 Part of the <i>Teenage Health Teaching Modules</i> Educational Development Center, Inc. <a href="http://www.thtm.org/new.htm">http://www.thtm.org/new.htm</a></p>		<p><i>Student Workshop: Dating Violence and Abuse</i> Grades 7-12 27 minutes Sunburst Visual Media <a href="http://www.sunburstvm.com/default.aspx">http://www.sunburstvm.com/default.aspx</a></p>	<p><i>Harassment Free Hallways: How to Stop Sexual Harassment in Schools.</i> A guide for students, parents, and schools. American Association of University Women Educational Foundation <a href="http://www.aauw.org/ef/harass/pdf/completeguide.pdf">www.aauw.org/ef/harass/pdf/completeguide.pdf</a></p>	<p><u>Queen Bees &amp; Wannabes: Helping your Daughter Survive Cliques, Gossip, Boyfriends, &amp; Other Realities of Adolescence</u> By Rosalind Wiseman 352 pages Available online</p>		<p>Center for the Study and Prevention of Violence University of Colorado at Boulder VAWSources is a resource database that stores information about violence-related curricula, videos and other resource materials. <a href="http://www.colorado.edu/cspv/vaw/databases.html">http://www.colorado.edu/cspv/vaw/databases.html</a></p>
<p><i>Aggressors, Victims, and Bystanders: Thinking and Acting to Prevent Violence</i> Part of the <i>Teenage Health Teaching Modules</i> For grades 6-8 Educational Development Center, Inc. <a href="http://www.thtm.org/product.htm">http://www.thtm.org/product.htm</a> then "search"</p>		<p><i>Student Workshop: Stop Picking on Me!</i> Grades K-2 16 minutes Sunburst Visual Media <a href="http://www.sunburstvm.com/default.aspx">http://www.sunburstvm.com/default.aspx</a></p>	<p><i>Indicators of School Crime and Safety, 2003</i> National Center for Education Statistics <a href="http://nces.ed.gov/pubs2004/crime03/">http://nces.ed.gov/pubs2004/crime03/</a></p>	<p><i>Speak Out Against Domestic Violence</i> Informational materials Avon Foundation <a href="http://www.avoncompany.com/women/speakout/informational_materials/index.html">http://www.avoncompany.com/women/speakout/informational_materials/index.html</a></p>		<p>Maryland Center for Character Education <a href="http://www.mdctrcharacter.org/index.shtml">http://www.mdctrcharacter.org/index.shtml</a></p>
<p><i>SAMSHA Model Programs</i> Effective Substance Abuse &amp; Mental Health Programs For a list of evidence-based programs: <a href="http://www.modelprograms.samhsa.gov/template_cf.cfm?page=model_list">http://www.modelprograms.samhsa.gov/template_cf.cfm?page=model_list</a></p>		<p><i>Student Workshop: All About Middle School</i> Sunburst Visual Media <a href="http://www.sunburstvm.com/default.aspx">http://www.sunburstvm.com/default.aspx</a></p>	<p><u>Childhood Experiences of Domestic Violence</u> By Caroline McGee Available online</p>	<p><i>You Can Help Prevent Child Abuse</i> (32 page booklet) Item #705663 From Prevent Child Abuse America (800) 835-2671 <a href="http://pcaamerica.channing-bete.com">http://pcaamerica.channing-bete.com</a></p>		<p>Safe and Drug Free Schools Substance Abuse and Mental Health Services Administration (SAMHSA) <a href="http://www.mentalhealth.samhsa.gov/schoolviolence/safeschools.asp">http://www.mentalhealth.samhsa.gov/schoolviolence/safeschools.asp</a></p>

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<p><i>Take a Stand. Lend a Hand. Stop Bullying Now!</i>  <a href="http://www.stopbullyingnow.hrsa.gov/index.asp">http://www.stopbullyingnow.hrsa.gov/index.asp</a></p>		<p><i>Voices Against Violence: Helping Students, Parents, and School Staff Speak Up</i>  Grades 6-8—part of the <i>Teenage Health Teaching Modules</i>  <a href="http://www.thtm.org/new.htm">http://www.thtm.org/new.htm</a></p>	<p><i>Teen Dating Violence: A Review of Risk Factors and Prevention Efforts</i>  <a href="http://www.vawnet.org/DomesticViolence/Research/VawnetDocs/AR_TeenDatingViolence.php">http://www.vawnet.org/DomesticViolence/Research/VawnetDocs/AR_TeenDatingViolence.php</a></p>	<p><i>Prevent Child Abuse: Facts About Those Who Might Commit It</i> brochure (14 pages)  STOP IT NOW!  The Safer Society Foundation, Inc.  <a href="http://www.saferociety.org/safpres.html">http://www.saferociety.org/safpres.html</a></p>		<p><i>Registries of Programs Effective in Reducing Youth Risk Behaviors</i>  <a href="http://www.cdc.gov/HealthyYouth/AdolescentHealth/registries.htm">http://www.cdc.gov/HealthyYouth/AdolescentHealth/registries.htm</a></p>
		<p><i>Causing Pain: Real Stories of Dating Abuse &amp; Violence</i>  30 minutes  <a href="http://www.chooserespect.org/scripts/materials/videos/video_30min.asp">http://www.chooserespect.org/scripts/materials/videos/video_30min.asp</a></p>	<p><i>New Centers for Disease Control and Prevention (CDC) initiative seeks to reduce dating violence. "Choose Respect" effort focuses on teaching health relationship skills</i>  <a href="http://www.chooserespect.org/scripts/pressroom/pressrelease/chooserespect051606.pdf">http://www.chooserespect.org/scripts/pressroom/pressrelease/chooserespect051606.pdf</a></p>	<p><i>The Right Touch – A Read Aloud Story to Help Prevent Child Sexual Abuse</i>  By Sandy Kleven, LCSW  32 page book  The Safer Society Foundation, Inc.  <a href="http://www.saferociety.org/safpres.html">http://www.saferociety.org/safpres.html</a></p>		<p>National Center for Mental Health Promotion &amp; Youth Violence Prevention  <a href="http://www.promoteprevent.org">http://www.promoteprevent.org</a></p>
				<p><i>A Parent's &amp; Teacher's Handbook on Identifying and Preventing Child Abuse</i>  By James A. Monteleone, MD  220 pages  Safer Society Foundation, Inc.  <a href="http://www.saferociety.org/safpres.html">http://www.saferociety.org/safpres.html</a></p>		<p>National Youth Violence Prevention Resource Center  School Violence Prevention Resources  <a href="http://www.safeyouth.org/scripts/news/docs/school_violence.asp">http://www.safeyouth.org/scripts/news/docs/school_violence.asp</a></p>